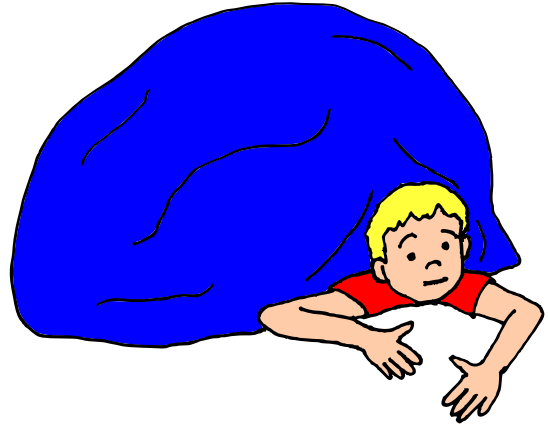


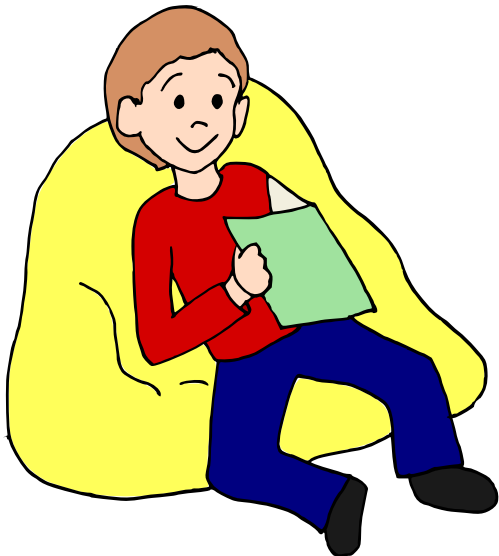
Calm Spot Choices



Deep breathe



Under beanbag

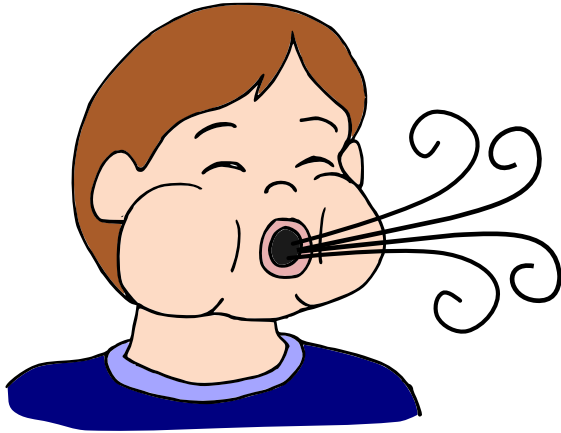


Calm spot

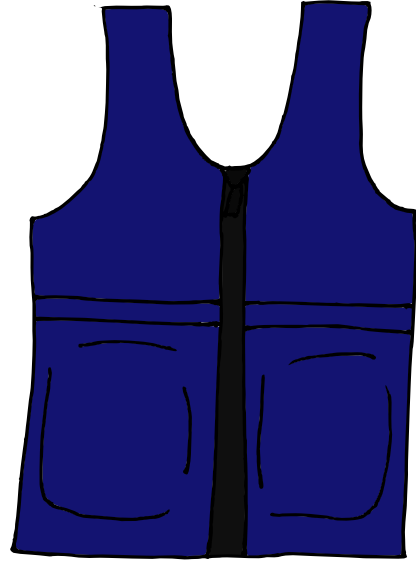


Body Squeeze

Calm Spot Choices



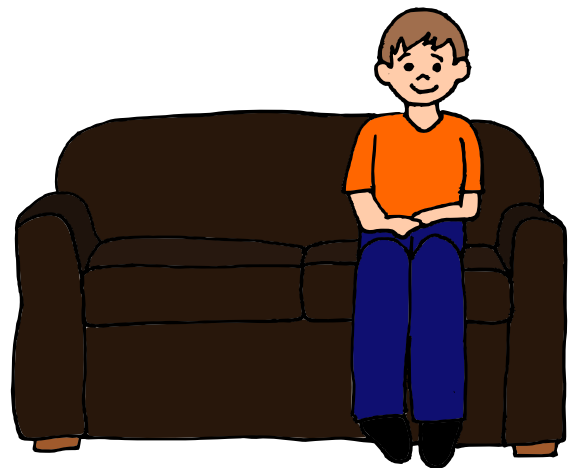
Blow



Weighted Vest



Weighted Blanket



Couch